

Dear Parents and Student-Athletes,

Please download the following forms from the NSU Athletics webpage found at <http://nsuathletics.nova.edu/training.cfm>

Parent Letter (Please keep this letter for your records)
NSU The Insurance Process (Please keep that letter for your records)
NSU Insurance Information Form: **Please read thoroughly** (signature necessary)
NSU Insurance Process Consent Form
NSU Insurance release and Assumption Form (signature necessary)
Comprehensive Medical History Questionnaire (signature necessary).
Initial Orthopedic History Questionnaire
Attach a copy of Primary Insurance card (front and back)
Attach a copy of valid picture ID (passport or drivers license)
Freshman and transfer students must bring an updated copy of your immunization records

Complete the forms and attach copies mail them back in the self-addressed stamped envelope to the following address:

Nova Southeastern University
Dept of Athletics (Attn: insert your Head Coach's name)
3301 College Avenue
Fort Lauderdale-Davie, FL 33314-7796

Please make COPIES of all your completed forms in case the originals get lost in the mail.

FALL SPORTS must return these forms no later than July 3, 2007

Fall sports include: Men's Soccer, Women's Soccer, Volleyball, Men's Cross Country, and Women's Cross Country.

WINTER & SPRING SPORTS must return these forms no later than August 1, 2007.

Winter & Spring sports include: Baseball, Softball, Men's Basketball, Women's Basketball, Women's Tennis, Women's Rowing, Men's Golf, Women's Golf, and Cheerleading.

After we have received the above items, your son/daughter must complete the following:

1. Pass an extensive physical examination set up by the NSU Athletic Training Department before you will be allowed to participate in any practice, competition, strength training or conditioning activities.
2. Pass additional tests, which will be the responsibility of the student-athlete and his/her primary insurance, recommended by the Medical Staff.
3. After completion of this pre-participation examination, review by the sports medicine staff and consultation with the athletic director, a decision will be made concerning the playing status of the student athlete.

ALL student athletes must have comparable primary insurance to that of the NSU policy. The NSU Athletic department mandates that you have comparable insurance coverage. Student athletes will not be allowed to participate in NSU intercollegiate athletics without appropriate coverage.

Nova Southeastern University does not recognize a foreign/traveler's insurance policy as adequate coverage

*NSU Athletics recommends those who do not have adequate cover to purchase the NSU policy (Blue Cross Blue Shield) found online at www.nova.edu *

Schedule for Student Athletes

FALL SPORTS

August 3th -- Athletes report to campus (Must check into dorms by 3 pm)
4pm - Compliance Meeting
Dinner – 1st meal at Rosenthal Cafeteria (5:30 – 7: 00 pm)

August 4th – Eye Exam, Dental Exams, Orthopedic Evals and Physiological testing (Report to University Center Team Lounge; Proper dress – Shorts, t-shirts (2), socks, running shoes).
6:30-8:30: Breakfast served daily in University Center student-athletes' lounge
8:00-9:30: Men's Soccer (approx. 25)
9:45-11:15 Women's Soccer (approx. 25)
11:30-1:15 Volleyball (approx. 15)
1:30-2:45: Men's and Women's Cross Country (approx. 20)
12:30-2:00 – Lunch served daily at this time.

Note: Biographical information and individual photos will also take place during this period.

August 5th – Team meetings, set-up dorm rooms, etc.

August 6th – Physicals starting at 7:00 am
6:30-8:30: Breakfast served daily in University Center student-athletes' lounge
7:00-8:30: Men's Soccer (approx. 25)
8:45-10:15: Women's Soccer (approx. 25)
10:30-11:45 Volleyball (approx. 15)
12:00-1:15: Men's and Women's Cross Country (approx. 20)

First day of practice for fall sports only

August 12th – Noon: Move out of dorms and into permanent on/off campus housing for school year.

WINTER & SPRING SPORTS

August 17th – Athletes report to campus (on-campus residents must check into dorms by 3 pm)

4pm – Compliance Meeting (Site TBD)

6pm – All staff and SA's social evening arranged by SAAC

(Cafeteria opened to all students starting with dinner tonight)

August 18th – Physicals starting at 7:00 AM (report to University Center Team Lounge)

7:00-8:30: Women's Rowing (approx. 30)

8:45-9:45: Men's Basketball (approx. 15)

10:00-11:00: Women's Basketball (approx. 15)

11:15-12:15: Women's Tennis (approx. 15)

12:30- 1:30: Lunch (Staff)

1:45- 2:45: Men's and Women's Golf (approx. 20)

3:00–4:00: Softball (approx. 20)

4:15–5:30: Baseball (approx. 30)

5:30-6:30: Cheerleading (approx. 20)

August 19th – Physiological testing (same schedule as for the 18th)

August 20st – First day of classes

Larry M. Starr, M.ED, ATC, CSCS, USPTA

Assistant Athletic Director/Sports Medicine

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