

# NSU Sharks

## CHAMPS / Life Skills Programming Calendar

# Fall 2007

## September

<u>Date</u>	<u>Day</u>	<u>Program/Topic</u>	<u>Location</u>	<u>Time</u>
10	Monday	Nutrition / Performance Enhancement Program w/ Dr. and Mrs. Hagerman	Business Building Room 1124	Female SA: 6 -7 PM Male SA: 7-8 PM
17	Monday	College Transition Program w/ Dan Sullivan	ASA 3 <sup>rd</sup> Flr Conference Room	6-7 PM
18	Tuesday	College Transition Program w/ Dan Sullivan	ASA 3 <sup>rd</sup> Flr Conference Room	12-1 PM
18	Tuesday	Time Management	TBA	12-1 PM
19	Wednesday	Time Management	TBA	5-6 PM

## October

15	Monday	"Sex, Drugs and Rock-N-Roll" Drug and Alcohol Program w/ Dr. Barry Gregory	HPD Morris Auditorium Room 310	7-8 PM
23	Tuesday	Self-Esteem Workshop	TBA	12-1 PM

## November

6	Tuesday	Stress Management	TBA	12-1 PM
7	Wednesday	Conflict Management	TBA	TBA
8	Thursday	Conflict Management	TBA	TBA
13	Tuesday	Pursuit of Leadership Luncheon	University Center 2 <sup>nd</sup> Floor Lounge	5-6 PM
28	Wednesday	Stress Management	TBA	5-6 PM

**Bold** = NSU Athletic Department Programs      **Red** = Mandatory NSU Athletic Department Programs

**Blue** = Office of Student Leadership and Civic Engagement Programs

For more information regarding any CHAMPS/Life Skills Programs, please contact Reyna Gilbert [greyna@nova.edu](mailto:greyna@nova.edu) or x 8266